

Counselor's Corner Newsletter

March 2019

RESOURCE WHEEL

During this Guidance Resource Wheel, we are discussing friendship traits. All the students were able to identify adjectives describing character traits. After the lesson, we followed up with an art activity.

Grades K-2, drew a self portrait of themselves and identified the character traits they seek in friendships.

Grades 3-5, did an interactive fortune teller project. With this project, they wrote eight different friendship traits and then folded them origami style fortune teller.

Friendship forever

Friendship isn't a big thing
it's a million little things.



IN LIKE A
LION
OUT LIKE A
Lamb

GRIT

It's hard to believe that we are more than 65% of the way through the school year. Before we know it Spring Break will be over and the start of testing season will be upon us. This is the time of year, where we are in the *homestretch*.

Students have the end of the school year in sight and tend to lose focus on their goals and tasks that are presented to them.

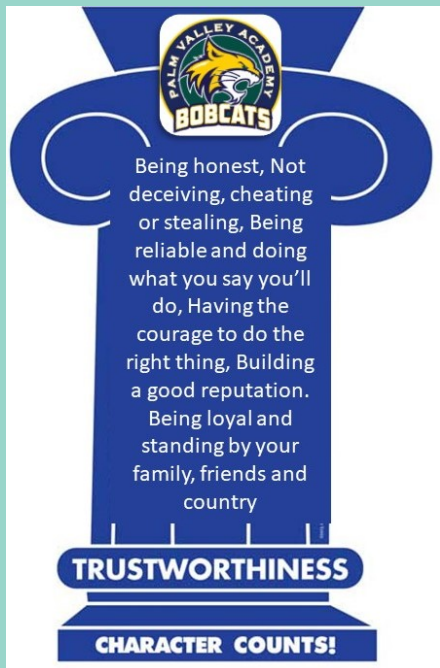
A popular concept right now in the education realm is the concept of developing or tapping into "grit". We

want to capitalize on the word grit, and help foster our students through the *homestretch*. Grit is defined as the ability to keep working toward a goal, overcoming challenges and sticking with it even when it's hard. Grit is a personality trait that helps you keep working toward long-term goals despite setbacks or failures. Below are two great articles that delve more into GRIT.

- 1) What is Grit, Why Kids Need It, and How You Can Foster It.
- 2) The Power of Defeat; How to Raise a Kid With Grit



**BE SURE TO CHECK OUT NEXT MONTHS NEWSLETTER
FOR TEST TAKING STRATEGIES**



In the month of March,
we recognize the pillar
of character

"Trustworthiness"

In February, each class honored students for demonstrating the pillar of Caring. Recipients of this award will receive an invitation and be honored with a character counts breakfast on Friday, March 8th. We couldn't be more proud of the character displayed each day by our wonderful students. We look forward to celebrating all the pillars of character throughout the year.