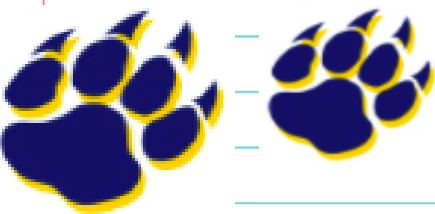


Meet Coach Henson

Hello Bobcats, I have taught elementary physical education for 13 years. I have taught in St. Johns county for 8 years. I went to Gardner-Webb University and earned a Masters degree from Southern-Wesleyan University. I am excited to start another great school year!

“Learn from yesterday, live for today, hope for tomorrow.”
Albert Einstein

How to be successful in Physical Education!
*Be Prepared
*Be Safe
*Try your Best
*Have Fun!



My Favorite things to do:
Spending time with my family.
My wife Katelyn and 3 children
Emma, Sadie, and William

Hobbies:
Beach Volleyball, Basketball,
Softball, Kayaking, Hiking,
Camping, and Going to the Beach

Sports Teams:
University of North Carolina
“Go Heels!”
Jacksonville Jaguars

