## SY 2019– 2020 Elementary & Middle School Breakfast Menu St. Johns County School District

Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Cereal & Toast	Cereal & Toast	Cereal & Toast	Cereal & Toast	Cereal & Toast
Pancake Sausage Wraps	Breakfast Taco	Mini Pancakes	EggStravaganza with Toast	Choice of Milk
Choice of Milk	Choice of Milk	Cranberries	Choice of Milk	Sausage Biscuit
Choice of 100% Fruit Juice	Choice of100% Fruit Juice Butter & Jelly	Choice of Milk Choice of 100% Fruit Juice	Choice of 100% Fruit Juice	Choice of 100% Fruit Juice
Butter & Jelly	Taco Sauce	Butter & Jelly	Butter & Jelly	Butter & Jelly
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Cereal & Toast	Cereal & Toast	Cereal & Toast	Cereal & Toast	Cereal & Toast
Colby Cheese Omelet and	Breakfast Burrito	Scramble Egg Biscuit	Breakfast Skillet Frittata with	Breakfast Pizza
Toast	Choice of Milk	Cranberries	Toast	Choice of Milk
Choice of Milk	Choice of 100% Fruit Juice	Choice of Milk	Choice of Milk	Choice of 100% Fruit Juice
Choice of 100% Fruit Juice		Choice of 100% Fruit Juice	Choice of 100% Fruit Juice	
	Butter & Jelly			
Butter & Jelly	Taco Sauce	Butter & Jelly	Butter & Jelly	Butter & Jelly

<sup>&</sup>quot;This institution is an equal opportunity provider."

## **Choice of Cereal(s):**

RS WG Cinnamon Toast Crunch, Cheerios, Honey Nut Cheerios, Golden Grahams, Reduced Sugar Lucky Charms, Reduced Sugar Whole Grain Frosted Corn Flakes, Rice Chex, Reduced Sugar WG Cocoa Puffs, Fruity Cheerios, Apple Cinnamon Cheerios, Cinnamon Chex

Choice of 100% Juice: (4 oz)

Apple, Grape, Orange, Sour Apple, Orange Pineapple, Blue Raspberry, Tropical Punch, Apple Cherry

## **Choice of Milk:**

Fat Free Regular or Flavored Low Fat Regular

<sup>\*</sup> Menu cycles every 2 weeks