



# St. Johns County School District Food and Nutrition Services

Fueling Students for Success

## Middle School Lunch Menu

September 2026

|                       | MONDAY                                                              | TUESDAY                                                                                          | WEDNESDAY                                                                                 | THURSDAY                                                        | FRIDAY                                                                                                             |
|-----------------------|---------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-----------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
|                       | September 1                                                         |                                                                                                  | September 2                                                                               |                                                                 | September 4                                                                                                        |
| Choice of Entrée      |                                                                     | Hearty Meatballs with<br>Marinara Pasta & Garlic Breadstick                                      | Premium Chicken Breast Fillet Sandwich<br>(Classic or Spicy)<br>Chorizo Quesadilla        | Cheese or Pepperoni Pizza<br>Mini Corn Dogs                     | Hamburger or Cheeseburger<br>Mozzarella-Stuffed Pizza Sticks                                                       |
| Vegetables<br>& Fruit |                                                                     | Garlic French Bread Pizza<br>Seasoned Green Beans<br>Assorted Fresh Vegetables<br>Assorted Fruit | Southern Baked Beans<br>Sweet Potato Fries<br>Assorted Fresh Vegetables<br>Assorted Fruit | Steamed Broccoli<br>Assorted Fresh Vegetables<br>Assorted Fruit | Marinara Dipping Sauce<br>Baked Potato Fries<br>Assorted Fresh Vegetables<br>Assorted Fruit & Choice of 100% Juice |
| Extras                |                                                                     |                                                                                                  | Ketchup, Mustard, Mayo, Dipping Sauce                                                     | Ketchup, Mustard, Dipping Sauce                                 | Ketchup, Mustard, Mayo, Dipping Sauce                                                                              |
|                       | September 7                                                         | September 8                                                                                      | September 9                                                                               | September 10                                                    | September 11                                                                                                       |
| Choice of Entrée      | LABOR DAY                                                           | Beef Hot Dog on Bun<br>Homestyle Mac & Cheese                                                    | BBQ Chicken Sandwich<br>Grilled Cheese Sandwich                                           | Cheese or Pepperoni Pizza<br>Mini Corn Dogs                     | Hamburger or Cheeseburger<br>Mozzarella-Stuffed Pizza Sticks                                                       |
| Vegetables<br>& Fruit | No School!                                                          | Southern Baked Beans<br>Assorted Fresh Vegetables<br>Assorted Fruit                              | Sweet Potato Fries<br>Assorted Fresh Vegetables<br>Assorted Fruit                         | Steamed Broccoli<br>Assorted Fresh Vegetables<br>Assorted Fruit | Marinara Dipping Sauce<br>Baked Potato Fries<br>Assorted Fresh Vegetables<br>Assorted Fruit & Choice of 100% Juice |
| Extras                |                                                                     | Ketchup, Mustard, Dipping Sauce                                                                  | Ketchup, Mustard, Mayo, Dipping Sauce                                                     | Ketchup, Mustard, Dipping Sauce                                 | Ketchup, Mustard, Mayo, Dipping Sauce                                                                              |
|                       | September 14                                                        | September 15                                                                                     | September 16                                                                              | September 17                                                    | September 18                                                                                                       |
| Choice of Entrée      | Chicken Slider Biscuit<br>French Toast Sticks                       | Hearty Meatballs with<br>Marinara Pasta & Garlic Breadstick<br>Chicken Nuggets                   | Premium Chicken Breast Fillet Sandwich<br>Chorizo Quesadilla<br>Southern Baked Beans      | Cheese or Pepperoni Pizza<br>Mini Corn Dogs                     | Hamburger or Cheeseburger<br>Mozzarella-Stuffed Pizza Sticks<br>Marinara Dipping Sauce                             |
| Vegetables<br>& Fruit | Crispy Tater Tots<br>Assorted Fresh Vegetables<br>Assorted Fruit    | Seasoned Green Beans<br>Assorted Fresh Vegetables<br>Assorted Fruit                              | Sweet Potato Fries<br>Assorted Fresh Vegetables<br>Assorted Fruit                         | Steamed Broccoli<br>Assorted Fresh Vegetables<br>Assorted Fruit | Baked Potato Fries<br>Assorted Fresh Vegetables<br>Assorted Fruit & Choice of 100% Juice                           |
| Extras                | Ketchup, Mustard, Syrup, Dipping Sauce                              |                                                                                                  | Ketchup, Mustard, Mayo, Dipping Sauce                                                     | Ketchup, Mustard, Dipping Sauce                                 | Ketchup, Mustard, Mayo, Dipping Sauce                                                                              |
|                       | September 21                                                        | September 22                                                                                     | September 23                                                                              | September 24                                                    | September 25                                                                                                       |
| Choice of Entrée      | Chicken Nuggets<br>Garlic Breadstick<br>Pepperoni Calzone           | Beef Hot Dog on Bun<br>Homestyle Mac & Cheese                                                    | BBQ Chicken Sandwich<br>Grilled Cheese Sandwich                                           | Cheese or Pepperoni Pizza<br>Mini Corn Dogs                     | TEACHER INSERVICE DAY                                                                                              |
| Vegetables<br>& Fruit | Seasoned Green Beans<br>Assorted Fresh Vegetables<br>Assorted Fruit | Southern Baked Beans<br>Assorted Fresh Vegetables<br>Assorted Fruit                              | Sweet Potato Fries<br>Assorted Fresh Vegetables<br>Assorted Fruit                         | Steamed Broccoli<br>Assorted Fresh Vegetables<br>Assorted Fruit | No School!                                                                                                         |
| Extras                | Dipping Sauce Dunk Cup                                              | Ketchup, Mustard, Dipping Sauce                                                                  | Ketchup, Mustard, Mayo, Dipping Sauce                                                     | Ketchup, Mustard, Dipping Sauce                                 |                                                                                                                    |

Choice of low fat plain or fat-free plain or flavored milk with every meal. Assorted fresh vegetables may include carrots, cucumbers, celery, and tomato dippers, or garden mixed salad.

Assorted fruit options include at least two of the following: fresh, frozen, or canned (based on seasonal availability).

Cold boxes, fresh salads, and/or additional hot entrees available at select locations. **This institution is an equal opportunity provider.**



# St. Johns County School District Food and Nutrition Services

Fueling Students for Success

## Middle School Lunch Menu

September 2026

|                       | MONDAY                                                           | TUESDAY                                                                                | WEDNESDAY                                                                                 |  |  |
|-----------------------|------------------------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|--|--|
|                       | September 28                                                     | September 29                                                                           | September 30                                                                              |  |  |
| Choice of Entrée      | Chicken Slider Biscuit<br>French Toast Sticks                    | Hearty Meatballs with<br>Marinara Pasta & Garlic Breadstick                            | Premium Chicken Breast Fillet Sandwich<br>Chorizo Quesadilla                              |  |  |
| Vegetables<br>& Fruit | Crispy Tater Tots<br>Assorted Fresh Vegetables<br>Assorted Fruit | Chicken Nuggets<br>Seasoned Green Beans<br>Assorted Fresh Vegetables<br>Assorted Fruit | Southern Baked Beans<br>Sweet Potato Fries<br>Assorted Fresh Vegetables<br>Assorted Fruit |  |  |
| Extras                | Ketchup, Mustard, Syrup, Dipping Sauce                           |                                                                                        | Ketchup, Mustard, Mayo, Dipping Sauce                                                     |  |  |

Choice of low fat plain or fat-free plain or flavored milk with every meal. Assorted fresh vegetables may include carrots, cucumbers, celery, and tomato dippers, or garden mixed salad.

Assorted fruit options include at least two of the following: fresh, frozen, or canned (based on seasonal availability).

Cold boxes, fresh salads, and/or additional hot entrees available at select locations. **This institution is an equal opportunity provider.**