



St. Johns County School District Food and Nutrition Services

Fueling Students for Success

Breakfast Menu

October 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				October 1	October 2
Choice of Entrée				Egg & Cheese Biscuit	Cinnamon Glazed Pancakes
Vegetables & Fruit				Assorted Cereal and Toast Cinnamon Toast Crunch Muffin Assorted Fruit Choice of 100% Fruit Juice	Assorted Cereal and Toast Assorted Fruit Choice of 100% Fruit Juice Crispy Tater Tots
Extras				Butter, Jelly	Butter, Jelly, Syrup
	October 5	October 6	October 7	October 8	October 9
Choice of Entrée	Breakfast Pizza	Eggstravaganza and Toast	French Toast Sticks	Egg & Cheese Biscuit	Cinnamon Glazed Pancakes
Vegetables & Fruit	Assorted Cereal and Toast Assorted Fruit Choice of 100% Fruit Juice	Assorted Cereal and Toast Cinnamon Toast Crunch Muffin Assorted Fruit Choice of 100% Fruit Juice	Assorted Cereal and Toast Assorted Fruit Choice of 100% Fruit Juice Crispy Tater Tots	Assorted Cereal and Toast Cinnamon Toast Crunch Muffin Assorted Fruit Choice of 100% Fruit Juice	Assorted Cereal and Toast Assorted Fruit Choice of 100% Fruit Juice
Extras	Butter, Jelly	Butter, Jelly	Butter, Jelly, Syrup	Butter, Jelly	Butter, Jelly, Syrup
	October 12	October 13	October 14	October 15	October 16
Choice of Entrée		Eggstravaganza and Toast	Maple Pancake Breakfast Bites	Egg & Cheese Biscuit	Cinnamon Glazed Pancakes
Vegetables & Fruit		Assorted Cereal and Toast Cinnamon Toast Crunch Muffin Assorted Fruit Choice of 100% Fruit Juice	Assorted Cereal and Toast Assorted Fruit Choice of 100% Fruit Juice	Assorted Cereal and Toast Cinnamon Toast Crunch Muffin Assorted Fruit Choice of 100% Fruit Juice	Assorted Cereal and Toast Assorted Fruit Choice of 100% Fruit Juice Crispy Tater Tots
Extras		Butter, Jelly	Butter, Jelly	Butter, Jelly	Butter, Jelly, Syrup
	October 19	October 20	October 21	October 22	October 23
Choice of Entrée	Breakfast Pizza	Eggstravaganza and Toast	French Toast Sticks	Egg & Cheese Biscuit	Cinnamon Glazed Pancakes
Vegetables & Fruit	Assorted Cereal and Toast Assorted Fruit Choice of 100% Fruit Juice	Assorted Cereal and Toast Cinnamon Toast Crunch Muffin Assorted Fruit Choice of 100% Fruit Juice	Assorted Cereal and Toast Assorted Fruit Choice of 100% Fruit Juice Crispy Tater Tots	Assorted Cereal and Toast Cinnamon Toast Crunch Muffin Assorted Fruit Choice of 100% Fruit Juice	Assorted Cereal and Toast Assorted Fruit Choice of 100% Fruit Juice
Extras	Butter, Jelly	Butter, Jelly	Butter, Jelly, Syrup	Butter, Jelly	Butter, Jelly, Syrup
	October 26	October 27	October 28	October 29	October 30
Choice of Entrée	Breakfast Pizza	Eggstravaganza and Toast	Maple Pancake Breakfast Bites	Egg & Cheese Biscuit	Cinnamon Glazed Pancakes
Vegetables & Fruit	Assorted Cereal and Toast Assorted Fruit Choice of 100% Fruit Juice	Assorted Cereal and Toast Cinnamon Toast Crunch Muffin Assorted Fruit Choice of 100% Fruit Juice	Assorted Cereal and Toast Assorted Fruit Choice of 100% Fruit Juice	Assorted Cereal and Toast Cinnamon Toast Crunch Muffin Assorted Fruit Choice of 100% Fruit Juice	Assorted Cereal and Toast Assorted Fruit Choice of 100% Fruit Juice Crispy Tater Tots
Extras	Butter, Jelly	Butter, Jelly	Butter, Jelly	Butter, Jelly	Butter, Jelly, Syrup

Choice of low fat plain or fat-free plain or flavored milk with every meal. Choice of 100% juice may include Apple, Grape, Orange, and Tropical Punch. Assorted cereals include a choice of reduced sugar varieties: Trix, Apple Cinnamon Cheerios, Frosted Corn Flakes, Cinnamon Chex, Cinnamon Toast Crunch, Cocoa Puffs, Lucky Charms. **This institution is an equal opportunity provider.**