



St. Johns County School District Food and Nutrition Services

Fueling Students for Success

Middle School Lunch Menu

October 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				October 1	October 2
Choice of Entrée				Cheese or Pepperoni Pizza	Hamburger or Cheeseburger
				Mini Corn Dogs	Mozzarella-Stuffed Pizza Sticks
					Marinara Dipping Sauce
Vegetables & Fruit				Steamed Broccoli	Baked Potato Fries
				Assorted Fresh Vegetables	Assorted Fresh Vegetables
				Assorted Fruit	Assorted Fruit & Choice of 100% Juice
Extras				Ketchup, Mustard, Dipping Sauce	Ketchup, Mustard, Mayo, Dipping Sauce
	October 5	October 6	October 7	October 8	October 9
Choice of Entrée	Crispy Chicken Nuggets	Beef Hot Dog on Bun	BBQ Chicken Sandwich	Cheese or Pepperoni Pizza	Hamburger or Cheeseburger
	Garlic Texas Toast	Homestyle Mac & Cheese	Grilled Cheese Sandwich	Mini Corn Dogs	Mozzarella-Stuffed Pizza Sticks
	Pepperoni Calzone				Marinara Dipping Sauce
Vegetables & Fruit	Seasoned Green Beans	Southern Baked Beans	Sweet Potato Fries	Steamed Broccoli	Baked Potato Fries
	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit & Choice of 100% Juice
Extras	Dipping Sauce Dunk Cup	Ketchup, Mustard, Dipping Sauce	Ketchup, Mustard, Mayo, Dipping Sauce	Ketchup, Mustard, Dipping Sauce	Ketchup, Mustard, Mayo, Dipping Sauce
	October 12	October 13	October 14	October 15	October 16
Choice of Entrée		Hearty Meatballs with Marinara Pasta & Garlic Texas Toast	Premium Chicken Breast Fillet Sandwich	Cheese or Pepperoni Pizza	Hamburger or Cheeseburger
		Garlic French Bread Pizza	Chorizo Quesadilla	Mini Corn Dogs	Mozzarella-Stuffed Pizza Sticks
		Seasoned Green Beans	Southern Baked Beans		Marinara Dipping Sauce
Vegetables & Fruit		Assorted Fresh Vegetables	Sweet Potato Fries	Steamed Broccoli	Baked Potato Fries
		Assorted Fruit	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
			Assorted Fruit	Assorted Fruit	Assorted Fruit & Choice of 100% Juice
Extras			Ketchup, Mustard, Mayo, Dipping Sauce	Ketchup, Mustard, Dipping Sauce	Ketchup, Mustard, Mayo, Dipping Sauce
	October 19	October 20	October 21	October 22	October 23
Choice of Entrée	Crispy Chicken Nuggets	Beef Hot Dog on Bun	BBQ Chicken Sandwich	Cheese or Pepperoni Pizza	Hamburger or Cheeseburger
	Garlic Texas Toast	Homestyle Mac & Cheese	Grilled Cheese Sandwich	Mini Corn Dogs	Mozzarella-Stuffed Pizza Sticks
	Pepperoni Calzone				Marinara Dipping Sauce
Vegetables & Fruit	Seasoned Green Beans	Southern Baked Beans	Sweet Potato Fries	Steamed Broccoli	Baked Potato Fries
	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit & Choice of 100% Juice
Extras	Dipping Sauce Dunk Cup	Ketchup, Mustard, Dipping Sauce	Ketchup, Mustard, Mayo, Dipping Sauce	Ketchup, Mustard, Dipping Sauce	Ketchup, Mustard, Mayo, Dipping Sauce
	October 26	October 27	October 28	October 29	October 30
Choice of Entrée	Chicken Slider Biscuit	Hearty Meatballs with Marinara Pasta & Garlic Texas Toast	Premium Chicken Breast Fillet Sandwich	Cheese or Pepperoni Pizza	Hamburger or Cheeseburger
	French Toast Sticks		Chorizo Quesadilla	Mini Corn Dogs	Mozzarella-Stuffed Pizza Sticks
		Crispy Chicken Nuggets	Southern Baked Beans		Marinara Dipping Sauce
Vegetables & Fruit	Crispy Tater Tots	Seasoned Green Beans	Sweet Potato Fries	Steamed Broccoli	Baked Potato Fries
	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit & Choice of 100% Juice
Extras	Ketchup, Mustard, Syrup, Dipping Sauce		Ketchup, Mustard, Mayo, Dipping Sauce	Ketchup, Mustard, Dipping Sauce	Ketchup, Mustard, Mayo, Dipping Sauce

Choice of low fat plain or fat-free plain or flavored milk with every meal. Assorted fresh vegetables may include carrots, cucumbers, celery, and tomato dippers, or garden mixed salad. Assorted fruit options include at least two of the following: fresh, frozen, or canned (based on seasonal availability). Cold boxes, fresh salads, and/or additional hot entrees available at select locations. **This institution is an equal opportunity provider.**