

# Medical Management Plan

# ALLERGY

School Year: 2026-27

Student Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_ Fax #: \_\_\_\_\_

Allergy To: \_\_\_\_\_ Asthma: Yes  No   
\*Higher risk for severe reaction if student has asthma\*

## STEP 1: TREATMENT

Symptoms:

**\*\*Give Checked Medication\*\***

\*To be determined by physician authorizing treatment\*

If a food allergen has been ingested, but no symptoms		Epinephrine	Antihistamine
MOUTH:	itching, tingling, or swelling of lips, tongue, mouth	Epinephrine	Antihistamine
SKIN:	Hives, itchy rash, swelling of the face or extremities	Epinephrine	Antihistamine
GUT:	nausea, abdominal cramps, vomiting, diarrhea	Epinephrine	Antihistamine
THROAT*:	tightening of throat, hoarseness, hacking cough	Epinephrine	Antihistamine
LUNG:	shortness of breath, repetitive coughing, wheezing	Epinephrine	Antihistamine
HEART	thready pulse, low blood pressure, fainting, pale, blueness	Epinephrine	Antihistamine
Other:		Epinephrine	Antihistamine
If reaction is progressing (several of the above areas affected), give		Epinephrine	Antihistamine

\*potentially life-threatening. The severity of symptoms can quickly change\*

Epinephrine: DOSAGE	Rout: IM (circle one)	EpiPen® 0.15 mg OR 0.30mg	Auvi-Q 0.15 mg OR 0.30 mg	Generic Epinephrine Auto Injector 0.15 mg OR 0.30 mg
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Antihistamine/Other: \_\_\_\_\_  
Medication/dose/route

## STEP 2: EMERGENCY CALLS

- Call 911. State that an allergic reaction has been treated, and additional epinephrine may be needed.
- Call parent/guardian or emergency contact if unable to reach parent.

*Nursing services are recommended for the care of this student during the school day.*

Physicians Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Florida Statute 1002.20

Florida law states a student with life- threatening allergies may carry an epinephrine auto injector while at school and school- sponsored activities with approval from his/her parents and physician.

The above named child may carry and self-administer his/her Epinephrine auto injector.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 (Required)

Physician's Signature: (Required) \_\_\_\_\_ Date: \_\_\_\_\_

**Continued Allergy Plan for (Student NAME) \_\_\_\_\_**

**IMPORTANT: Asthma inhalers and/or antihistamines cannot be depended on to replace epinephrine during anaphylaxis.**

Is your child compliant with their current treatment regime?

Yes  No

Does your child function independently with medication administration?

Yes  No

Are there any activity restrictions for your child?

Yes  No

If yes, please list: \_\_\_\_\_

**PARENT/GUARDIAN to Complete: Authorization for Health Care Provider and School Nurse to Share Information**

I authorize my child's school nurse to assess my child as it relates to his/her special health care needs and to discuss these needs with my child's physician as needed throughout the school year. I understand this is for the purpose of generating a health care plan for my child. I understand I may withdraw this authorization at any time and that this authorization must be renewed annually.

As the parent or guardian of the student named above, I request that the principal or principal's designee assist in the administration of medication/treatment prescribed for my child.

I understand that under provisions of Florida Statue 1006.062, there shall be no liability for civil damages as a result of the administration of medication when the person administrating such medication acts as an ordinarily reasonable, prudent person would have acted under the same or similar circumstances. I also grant permission for school personnel to contact the physician listed above if there are any questions or concerns about the medication. I have read the guidelines and agree to abide by them. I authorize the physician to release information about this condition to school personnel.

**Parent/Guardian Signature**

**Print Name**

**Date**

**Parent/Guardina Contact Information**

Parent/Guardian: \_\_\_\_\_ Cell: \_\_\_\_\_

Work: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Cell: \_\_\_\_\_

Work: \_\_\_\_\_