

# BOBCAT

## October Bulletin

Palm Valley Academy

Volume 6, Issue 2 — October 2023

### Calendar Highlights

- 10/03 Volleyball Games  
vs Patriot Oaks  
SAC team meeting
- 10/04 Football Game @7pm  
vs Sebastian
- 10/05 Volleyball Games  
vs Liberty Pines
- 10/10 Volleyball Games  
vs Mill Creek
- 10/12 Football Game @5pm  
vs Liberty Pines  
Volleyball Games  
vs Valley Ridge  
Soccer Game
- 10/13 CHEER CAMP K-5  
PVA Gym @5 to 8 PM  
First Quarters Ends
- 10/16 STUDENT HOLIDAY  
NO SCHOOL
- 10/17 Volleyball Games  
vs Freedom Crossing
- 10/18 Football Game @5pm  
vs Mill Creek
- 10/22 FALL FESTIVAL @ 2pm
- 10/24 Volleyball Games  
vs Pine Island  
Report Cards Issued
- 10/25 Football Game @7pm  
vs Valley Ridge
- 10/26 Volleyball Games  
vs Patriot Oaks

Look for something  
positive  
in each day

PVA Families,

We have had a wonderful month of September at Palm Valley, and I can hardly believe we are already into the month of October, and quickly nearing the end of first quarter. In addition to academics, we have many fun and exciting happenings on deck as our Volleyball teams and our other SJMSAA sports teams continue their seasons of competition. This coming week, we look forward to a visit from our friends in the St. Johns County Fire Department as they come to spread fire safety awareness to our K-3 classes during this, National Fire Prevention Month.

October's Character Counts pillar of focus is Responsibility and its also the month we participate in our annual Red Ribbon Week activities. Our school counselors have many fun activities planned to promote our commitment to being educated, staying healthy, and making good decisions to ensure our bright futures! (see page 4 for RRW details)

In addition, our wonderful PTO is sponsoring and putting together some big events for our Bobcats this month, including Book Fair from Oct. 4 - Oct. 13, pick-up of your PVA Dome Hats Oct. 6 (9:30 - 10:30am) and Oct. 10 (4:30 - 6:30pm), and PVA'S 1st Annual FALL FESTIVAL & TRUNK-OR-TREAT, a Community Event set for Sunday Oct. 22 from 2:00 - 5:00pm. You won't want to miss these! In addition to the above and more, PTO recently showered our staff with appreciation and thanks by filling the breakrooms and fridges with a variety of snacks, treats, and drinks for all to enjoy. Our teachers and staff are so appreciative of the outpouring of generosity from our parents and families! A HUGE THANK YOU TO THE PTO FOR ALL YOU DO!

Finally, we hope everyone is continuing to stay safe and healthy as we move into a new season. Take care and best wishes for a fabulous Fall and a memorable month of October!

Sincerely,

Zach Strom

Principal

OCTOBER

NATIONAL  
BULLYING  
PREVENTION  
MONTH



# COUNSELOR'S CORNER



## When to contact us?

If you believe your child is experiencing difficulty at home or at school regarding academic achievement, family changes, social skills, or adjusting to transitions it may be helpful to contact your School Counselor via phone or email.

### School Counselors

Ms. Frick K—3

Ms. Fennelly 4—5

Ms. Ferguson 6—8



## THE 6 PILLARS OF CHARACTER



TRUSTWORTHINESS



RESPECT



RESPONSIBILITY



FAIRNESS



CARING



CITIZENSHIP

## PILLAR OF THE MONTH—OCTOBER



### RESPONSIBILITY

Do what you are supposed to do • Plan ahead • Persevere: keep on trying! • Always do your best • Use self-control • Be self-disciplined • Think before you act — consider the consequences • Be accountable for your words, actions, and attitudes • Set a good example for others

At Palm Valley Academy, the St. Johns County Pillars of Character and student leadership are considered to be vitally important to our students' development. Incorporating these practices within our school environment and curriculum helps students become caring contributors to society and equips them for success in the 21st century. Critical skills and characteristics such as: trustworthiness, motivation, problem solving skills, goal setting, personal responsibility and the value of teamwork are embedded throughout the school day.



# CHARACTER COUNTS WINNERS



# RED RIBBON WEEK

# PVA's 2023 RED RIBBON WEEK

**OCT. 24-31**  
RRW THEMED DAYS

THROUGH AWARENESS AND RIBBONS, LET'S  
SHOW OUR COMMITMENT TO EDUCATION  
AND HEALTH TO ENSURE A BRIGHT FUTURE!

**OCT 24**  
**TUESDAY**



**BOBCATS ARE DRUG FREE!**

DRESS IN BOBCAT SPIRIT WEAR FROM HEAD TO TOE TO  
SHOW YOUR COMMITMENT TO BEING DRUG FREE

**OCT 25**  
**WEDNESDAY**



**DRUGS ARE WACK!**

WACKY HAIR & TACKY SOCK DAY

**OCT 26**  
**THURSDAY**



**TEAM-UP AGAINST DRUGS!**

DRESS AS A TEAM OR IN SUPPORT OF A TEAM

**OCT 27**  
**FRIDAY**



**DRUGS ARE OLD SCHOOL!**

WEAR YOUR STYLISH RETRO ATTIRE TO SUPPORT THAT  
DRUGS ARE A THING OF THE PAST FOR BOBCATS

**OCT 30**  
**MONDAY**



**WAKE UP DRUG FREE!**

SCHOOL APPROPRIATE PAJAMA DAY

**OCT 31**  
**TUESDAY**



**COMMIT TO CHARACTER!**

DRESS IN COSTUME TO SHOW YOUR COMMITMENT TO  
GOOD DECISIONS AND GOOD CHARACTER

\*ALL ATTIRE AND COSTUMES SHOULD BE SCHOOL APPROPRIATE AND SHOULD NOT COVER FACES\*



# FALL FESTIVAL

A SPOOKY AFFAIR

## TRUNK OR TREAT AND FALL FESTIVAL

SUNDAY OCTOBER 22ND

FALL FESTIVAL: 2-5PM

TRUNK OR TREAT: 3-5PM

**PUMPKIN PAINTING, BOUNCE  
HOUSE, BUNGEE RUN, HUMAN  
FOOSBALL, AND MORE!!**

THANK YOU TO OUR SPONSORS!



LUDWIG HULSEY, P.A.  
ATTORNEYS AT LAW  
Business, Employment, Aviation, & Immigration



## ALL THINGS TRUNK OR TREAT OCTOBER 22ND

### What time does it start?

Trunks arrive by 2:30pm,  
event starts at 3pm and  
goes until 5pm

### Who can do a trunk?

**EVERYONE!** Families,  
friends, neighbors, school  
clubs, classrooms!! Take  
turns manning the trunk  
while enjoying the fall  
festival as well

### Is candy provided?

**YES!** We will be starting a  
candy drive to  
supplement the candy  
you'll need. Look out for  
"candy monsters" located  
at drop off and in the  
front office. Families are  
encouraged to donate  
even if you are not able to  
set up a trunk

PALM VALLEY ACADEMY  
**PTO**

# SAFETY SPOTLIGHT

Hey Bobcats,

Did you know October is Squirrel Awareness Month? It's also the month we get to enjoy many fall festivals, and who could forget Halloween!? Many social functions will be held in the late afternoon, and early evening so it's important to remember these helpful tips to stay safe.

- Wear bright colors when you are out in the evening.
- If you are participating in costume related events, please incorporate something reflective into your outfit.
- Always walk with a buddy or in a group.
- Look both ways before crossing the street.

Reflectors and lights are required on bicycles from sunset to sunrise.

Be aware of squirrels and always be the best Bobcat you can be! 😊

Stay safe,

Deputy Mark

## Suspicious Activity Reporting App

FortifyFL is a suspicious activity reporting tool that allows you to instantly relay information to appropriate law enforcement agencies and school officials.

Submit A  
Tip Online

Download On The  
App Store

Get It On  
Google Play



By accessing FortifyFL, students can provide a description of the threat, share pics and videos and optionally submit their contact information.

[getfortifyfl.com](https://getfortifyfl.com)



# FORTIFYFL



# FROM THE CLINIC

**School Nurses – Alice Fasula and Kara Whitchurch**  
**Website: <https://www.pva.stjohns.k12.fl.us/clinic/>**

## Checklist for students with medical needs:

**New medical diagnosis, needs or alerts?** It is important that the school have up to date medical information. If you need to add anything to your student's health record, please send in a written note ("*Attention: School Nurse*") to be placed with your student's file.

## **Need to leave medication at school?**

Download any forms from the PVA "Health Clinic" department webpage

Bring the forms in to your pediatrician. A parent *and* doctor must sign the forms for them to be valid.

Medications must be in their original container with a readable pharmacy/consumer label, **unopened and unexpired**. Please see our Medication Policy on the website for any further questions.

**Dropping off supplies and medication?** Bring your orders and supplies to the school during office hours to briefly meet with a nurse.

**Reminder:** It is a violation of the Student Code of Conduct for children to be carrying any medication (prescription or over the counter) with them at school without proper documentation. All medication must have a doctor's order on file in the clinic. Middle schoolers may carry over the counter medication *only with a signed form by the parent on file in the clinic*. Any violations will be brought up to Administration. Medication forms and more information can be found on the PVA Clinic Website.

## Health Screenings K, 1<sup>st</sup>, 3<sup>rd</sup>, and 6<sup>th</sup> Grades:

PVA Health Screenings Opt-Out  
Form (K, 1st, 3rd, and 6th Grades)  
2023-24



Palm Valley Academy is happy to offer Health Screenings for grades K, 1<sup>st</sup>, 3<sup>rd</sup>, and 6<sup>th</sup> in late November. Health Screening and opt-out information will be sent home with students. You can also access our clinic website for more information.

If you wish to *Opt-Out* of screenings for your student, please fill out the online form (one per student) using the link or QR code by November 3<sup>rd</sup>.

<https://forms.office.com/r/gSWA8Sm0qe>

**Thank you –**  
**Nurse Alice and Nurse Kara**

# IMPORTANT INFORMATION

Elementary Pictures

October 10th

Leonard's  
**YEARBOOK**

ORDER ONLINE TODAY

**BuyTheYearbook.com**

YEARBOOK **EARLY BIRD DISCOUNT!** ~~\$42.00~~  
\$37.00

Middle School  
Pictures

October 11th



*Order Now*

# SCHOOL Picture Day IS COMING SOON



**Set up in PVA's Multi-Purpose Room**

**October 4th - October 13th**

**BOOKS BRING US  
TOGETHER**



 **SCHOLASTIC**

**SCHOLASTIC  
BOOK FAIR**

**More Bookjoy, less hassle—with eWallet!**

This year, say *goodbye* to giving your kids crumpled bills and loose change...and *hello* to **eWallet**, a super-convenient, secure digital payment account, for the Scholastic Book Fair. Setting up an eWallet for your child empowers them to choose their own books and effortlessly check out during the Best. Week. Ever. at their school. And any leftover funds can be saved for future Fairs. Now, that's a win-win!



Create Account



Add Funds



Share with Family  
and Friends



Shop

✦ ✦ **Visit our school's Book Fair homepage to get started:** ✦ ✦

Find our Book Fair and create an eWallet account:

<https://bookfairs.scholastic.com/content/fairs/fair-finder.html>



# AROUND PVA

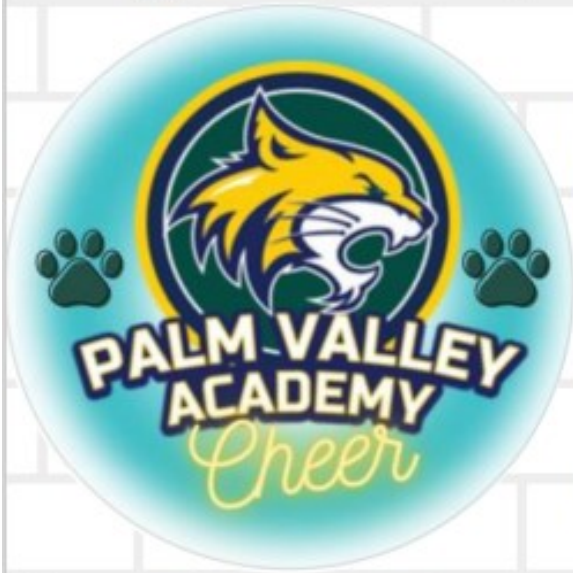


**BBCATS**  
PALM VALLEY ACADEMY



# AROUND PVA

## Registration is Now OPEN!



### Cheer Camp

Friday, October 13  
5:00 - 8:00 pm @ PVA Gym  
PARENT PERFORMANCE: 8pm

**REGISTRATION FEE:**  
\$75 per camper

◆ INCLUDES T-SHIRT, BOW,  
POMS, AND PIZZA DINNER ◆

### OPEN TO ALL K-5TH KIDS!

- Parents' Night Out!!
- PVA Cheerleaders will teach cheers & dances for campers to perform
- Register by September 29 to ensure your camper receives a t-shirt

**GAME DAY PERFORMANCE:**  
October 18 @ Nease High School  
during PVA Football halftime

**SCAN TO  
REGISTER**





# School Athletics

## FOOTBALL SCHEDULE



**OCT 12** **LIBERTY PINES**  
5PM BEACHSIDE HIGH SCHOOL

**OCT 4** **SEBASTIAN**  
7PM CREEKSIDE HIGH SCHOOL  
Wear **PINK** for Breast Cancer Awareness

**OCT 18** **MILL CREEK**  
5PM NEASE HIGH SCHOOL  
*Homecoming* **BLACK OUT**  
\*Bobcat Cheer Kiddie Clinic Halftime Performance, in loving memory of Sofia Cardona\*

**OCT 25** **VALLEY RIDGE**  
7PM NEASE HIGH SCHOOL  
**NEON NIGHT**  
8th Grade Night

## Volleyball Schedule

### HOME

Oct. 3<sup>rd</sup> vs Patriot Oaks  
Oct. 10<sup>th</sup> vs Mill Creek  
Oct. 17<sup>th</sup> vs Freedom Crossing  
Oct. 19<sup>th</sup> BYE week  
November PLAYOFFS



### AWAY

Oct. 5<sup>th</sup> vs Liberty Pines  
Oct. 12<sup>th</sup> vs Valley Ridge  
Oct. 24<sup>th</sup> vs Pine Island  
Oct. 26<sup>th</sup> vs Patriot Oaks

Girls play at 5:30 pm / Boys play at 6:30 pm



## Running Camp

Running Camp registration coming soon be on the lookout.

Running Camp fills up for 2<sup>nd</sup> – 8<sup>th</sup> grade!

Goooo Bobcats!

# School Athletics



## PVA CROSS COUNTRY



October 7<sup>th</sup>

Pedro Menendez High School Invitational

October 14<sup>th</sup>

Landrum Middle School Invitational

<https://fl.milesplit.com/meets/569311-alice-b-landrum-invitational-2023>

October 21<sup>st</sup>

North Florida Middle School Championship

Bishop Kenny High School

<https://fl.milesplit.com/meets/566364-north-florida-middle-school-xc-championship-2023>

October 24<sup>th</sup>

Gamble Rodgers Middle School

### TEAM

*Alisa Beshiri*

*Alyssa Mendez*

*Benjamin Herrera-Cariaso*

*Calina Mattera*

*Canon Huszeza*

*Cloe Frank*

*Cora Wilson*

*Curtis Mracek*

*Dane Mracek*

*Daniella McNally*

*Drew Blasé*

*Emma Maher*

*Ethan Laddaga*

*Evgenia Gerasimou*

*Grant Flowers*

*Hannah Allin*

*Hayden Busch*

*Isabella Rios*

*Juliette Weber*

*Katherine Healey*

*Katie Porter*

*Kira Gopal*

*Leo Sillion*

*Logan Wampler*

*Lucas Intorant*

*Lucia Misasi*

*Lyla Herrigel*

*Makenna Biernacki*

*Marley Kaestner*

*McClain Mracek*

*McKenna Owenz*

*Micaela Simpson*

*Nicholas Healey*

*Olivia McArthur*

*Olivia Santivenere*

*Priscilla Hocking*

*Riley Saale*

*Ryan Zaug*

*Sidney Sanchez*

*Sofia Mattera*

*Walker Hodge*





# School Athletics





# PARTNERS IN EDUCATION

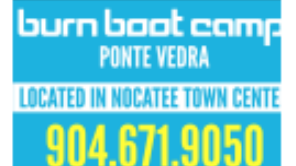


**WE SUPPORT**  
PALM VALLEY ACADEMY  
**BOBCATS**

## 2023-2024 Partners in Education



### Heroes



### Champions



### Supporters



### In Kind

